

Shelter

Diakonos House Calgary, Edmonton or Red Deer

Provide a short term, comfortable and safe living environment for resident guests while they are seeking and receiving assistance from professionals and outside resources. Also provide encouragement and emotional support during their stay at Diakonos House

For Example:

- A refuge due to circumstances during a marriage separation or divorce until other processes can be put into place
- Medical situations where overnight accommodations are necessary (particularly for those from out of town)

Is Diakonos House Confidential?

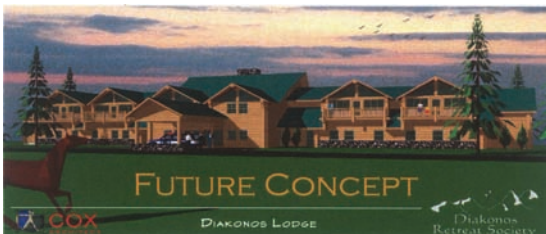
Absolutely! Only the In Take Co-ordinators and the House Attendant need to know who is using the House.

What do I do if I feel I need help?

Go to the Diakonos Website www.diakonosretreat.com and link on the Calgary, Edmonton or Red Deer House of Choice. There you will find a list of trained In Take Co-ordinators to contact. They will help assist you in the necessary direction.

Long Term Goal

To have a Retreat Facility in Southern Alberta to allow Police, Fire, EMS, Peace Officers, Military Personnel and their families to relax, have fun and seek time together as a family in a camp environment.



Shade

Diakonos Mission Statement

To welcome and serve all individuals and families in the emergency services and peace officers communities. Strengthening and equipping them in the journey of life through education and support based on Christ's call to love one another.

Vision Statement

To build family legacies of hope, mutual respect, trust and longevity to withstand the challenges of our professions.

WHO ARE WE?

The Diakonos Retreat Society is a non-profit charitable organization founded in 1997 to serve and strengthen Police, Fire, EMS, Peace Officers, Military Personnel and their families by building family legacies of hope, mutual respect, trust and longevity to withstand the challenges of our profession.

We are committed to "serving the servants, keeping them healthy and helping the hurting"

Diakonos Retreat Society draws on the wisdom and experience of seasoned colleagues and expertise from the professional community in providing programs and seminars that address issues like Critical Incident Stress, Emotional Survival for Emergency Service Personnel and their families, Financial Management Tools, Life Goals, Marriage Enrichment and other emerging concerns.



Diakonos Retreat Society

Calgary House Info:

BVPO Box 20194
Calgary, AB T2P 4L2
Ph: 403-201-9945 Fax: 403-201-9802
Email: info@diakonosretreat.com

Edmonton House Info:

Box 67142 Meadowlark RPO
Edmonton, AB T5T 5Y3
Ph: 403-201-9945 Fax: 403-201-9802
Email: Edmonton@diakonosretreat.com

Red Deer House Info:

Highland Green RPO Box 28046
Red Deer, AB T4N 7C2
Ph: 403-201-9945 Fax: 403-201-9802
Email: info@diakonosretreat.com

**General Inquiries, Resources,
Upcoming Events & Financial Support:**
www.diakonosretreat.com

Refuge Shelter Shade

GIVING

ENDORSEMENTS

PROGRAMS & BENEFITS



Please accept my gift to Diakonos Retreat Society
Non Profit Organization Charity # 891549420RR0001 (Tax Receipts will be issued)

My monthly commitment is: \$10 \$25 \$50 \$ Other or My one time gift: \$50 \$100 \$250 \$500 \$1000

Donor's Name: _____ Address: _____ City: _____ Province: _____ Postal Code: _____
Home Phone #: _____ Cell #: _____ Email Address: _____

Electronic Fund Withdrawal: I authorize Diakonos Retreat Society to withdraw \$ _____ monthly through automatic electronic funds withdrawal on the 15th of each month
Signed _____ (or)

Cheque (enclose a VOIDED cheque to set up your monthly electronic fund transfer) _____ Post-dated cheques (enclosed) (Make cheques payable to Diakonos Retreat Society and mail to: Diakonos BVP/PO Box 20194 Calgary, AB T2P 4L2; Box 67142 Meadowlark RPO Edmonton, AB T5T 5Y3 or Highland Green RPO Box 28046 Red Deer, AB T4N 7C2

Credit Card Withdrawal: I authorize Diakonos Retreat Society to debit my credit card monthly in the amount of \$ _____
Credit Card Number _____ Expiration Date: (M) _____ (Y) _____ Visa _____ M/C _____
Signed _____

Optional: This gift is in celebration/honor of (Name of Honoree): _____ Birthday _____ Anniversary _____ Event _____ Other _____

Or this gift is in memory of (Name of Deceased): _____ Please send notification of this gift to (Name): _____

Address: _____ City: _____ Province: _____ Postal Code: _____

Gifts will be acknowledged unless you indicate otherwise. Thank you.

"The Alberta Union of Provincial Employees represents Peace Officers working in regulatory, enforcement & corrections roles. Every day, our Peace Officers are required to serve the public in high-stress environments that can have a major impact on their wellbeing on & off the job. Diakonos ensures that they don't have to face these challenges alone, & offers an essential support to help them deal with these stresses in a safe & healthy way. AUPE thanks Diakonos for the vital support they provide to our members & their families."

Guy Smith, AUPE President

"The Red Deer Diakonos House will be a vital resource for our emergency personnel & their families in crisis. It only seems right to be able to help our fire medics, emergency dispatchers, & fire prevention officers when they reach out for assistance, since they have dedicated their working lives to selflessly help everyone else in our community. This is truly a noble cause."

Jack MacDonald - Fire Chief City of Red Deer

"The issues impacting RCMP members, Police Officers, Firefighters, Emergency Services & Military Personnel & their families is significant. Not so long ago these stresses were not talked about & the individual & their families were expected to cope. Today that has changed, today our "Community Heroes" are given support, & they are expected to access it. It is now a normal part of our business. The Diakonos Retreat Society is a significant part of this support process in healing our Community Heroes. This support is appreciated in the RCMP family."

Supt. Brian Simpson - OIC Red City/Rural Detachments

"The Diakonos Retreat Society offers a secure safe heaven for our brothers & sisters in law enforcement & emergency services. These individuals give their all to keep us safe in their working environments. At the end of the day, they too need to be able to retreat both physically & mentally to a place that offers them the comfort & support they need to continue in their role as a front line emergency worker. I have supported Diakonos since its inception & continue to see it a tremendous assistance to our members."

Chief Vince Caleffi, Alberta Sheriffs

"Emergency workers deal with a variety of challenging situations with grace & compassion-providing assistance & support to those experiencing a life-altering tragedy. It is reassuring to know that emergency workers & their families can receive the same kind of support when faced with their own challenges, both personal & professional, from an organization like Diakonos Retreat Society. It is imperative that front-line emergency workers receive this kind of support during times of need as it allows them to continue the valuable work they do in the community."

Chief Randy Wolsey, Edmonton Fire Rescue Services

"Diakonos is a welcome addition to the sanctuary of policing where police officers can recover through quiet reflection & professional assistance. I am pleased to offer my support for Diakonos."

Retired Supt. Bob Boyd, S.AB District RCMP

"Imagine completing a shift, solely dedicated to assisting others in their most dire circumstances & not having a place to turn for our own needs. The Diakonos House is the emergency rescuer's oasis in times of need."

Former Chief Tom Sampson, Calgary EMS

"Diakonos Retreat Society is a meaningful oasis in the midst of our stressful lives as an emergency services community. The refuge & programs Diakonos provides truly make a positive contribution to the overall health of our organizations."

Fire Chief Bruce Burrell, Calgary Fire Department

Key Program and Support Areas:

- Marriage Conferences/Retreats
- Family Conflict Management
- Critical Incident Stress Management
- Recognizing and Combating Compassion Fatigue
- Emotional Survival for Emergency Services Families
- Annual Family Conferences/Camp
- Annual Outreach Mission Trips to serve those in the Diakonos Family
- Annual Fall/Winter Banquet

Key Program and Support Areas:

- Stronger Families
- Reduction in divorce rates
- Coping skills and less work related stress

Financial Support and Donations:

- Receive a charitable tax receipt (89154 9420 RR0001)
- If donating thru the United Way, you must ask for your donation to be designated to Diakonos Retreat Society or Diakonos will not receive it
- Canadahelps.org has the most cost efficient methods to donate
- Send cheque or money order to Diakonos
- Consider Monthly Giving, at Christmas, In Memory of or methods that best suit your family decision
- See www.diakonosretreat.com for ongoing fund raising opportunities